

# SAFESITTER

*Essentials*

Designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue!



**Jan 5 | March 14 | April 11, 2026 ~ 9:00am-2:00pm EST**  
**Dec 29, 2025 | Feb 16, 2026 ~ 10:00am-3:00pm EST**

Virtual Class via Zoom!  
From your home!

## REGISTRATION INFORMATION

Class fee is \$70. This fee includes shipping the Safe Sitter book to you prior to class and the certificate of completion after the class.

To register: <https://safesitter.org/find-a-virtual-class>  
Questions: [dianar@healthedpros.org](mailto:dianar@healthedpros.org); register early as classes fill quickly!

